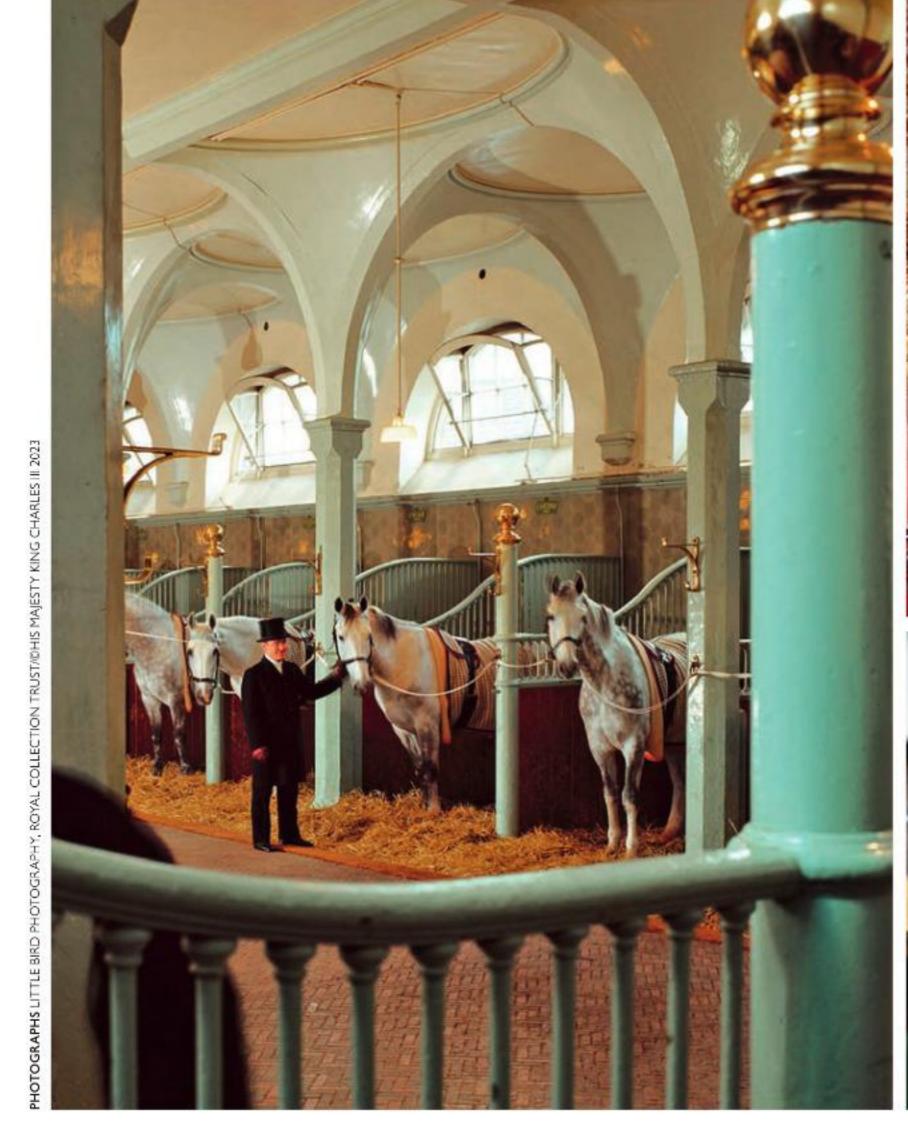


For a regal treat, spend

For a regal treat, spend a day out at one of Britain's royal properties. Once you have had your fill of castles, turrets and spectacular gardens, settle in for some princely treatment of your own

MAY 2023 · WAITROSE FOOD 85







BUCKINGHAM PALACE London

Many of us have held Buckingham Palace in our imagination since childhood, when its changing guards seemed as exciting as its regal inhabitants. The ceremony's poised precision is free to watch and worth joining the crowds for, whether you're drawn in by a love of AA Milne or military pomp. This month, visitors can also book tickets to explore the Royal Mews (above left), the working stables that are home to the 260-year-old Gold State Coach, used at every coronation since that of George IV in 1821. To breathe in the historic atmosphere of the palace itself, you'll need to book a tour of the State Rooms (running on selected days between 17 July and 24 September).

A guided tour of the breathtaking palace grounds is also highly recommended. Picnics are encouraged, whether bought from the on-site food traders or brought from home. Once you've gazed across the three-acre lake, walked the 156-metre herbaceous border and paused to admire James I's mulberry

tree collection, you'll feel a world away from the hustle and bustle of the capital city that lies just beyond the palace walls. rct.uk/visit/buckingham-palace

STAY AT Artist Residence Pimlico is part of a small group of boutique hotels whose expertise is apparent in every elegant touch. The townhouse is a 20-minute walk from Buckingham Palace. Double rooms from £185; artistresidence.co.uk/our-hotels/London

EAT AT Tucked away in Belgravia, The Alfred Tennyson's gastropub menu has superb versions of the classics - fish and chips (above), chicken and leek pie - plus tempting dishes such as sugar-pit bacon pork chop from the grill. For a coronation afternoon tea, The Goring hotel (see page 15) is a short walk away. Mains from £19.75; cubitthouse.co.uk/the-alfred-tennysonknightsbridge »